



St. Joseph's Catholic School

757 West Burnside Rd. - Victoria, BC V8Z 1M9

Newsletter
April 2nd, 2026

St. Joseph's School acknowledges with gratitude that we work, play and pray on the territory and traditional lands of the Lekwungen Speaking Peoples of the Songhees and Esquimalt First Nations whose historical relationship with the land continues today.

Phone: (250) 479-1232 - Fax: (250) 479-1907
Email: sjv@cisdv.bc.ca
www.stjosephschool.ca

Out of School Care, Daycare & Preschool
Phone: (250) 479-1237
Email: sjvelc@cisdv.bc.ca

<https://www.facebook.com/groups/272859616539977> (SJV Parent Support Group Page)

PRINCIPAL'S MESSAGE:



Dear Families of St. Josephs,

As we approach this sacred Easter weekend, I extend my warmest wishes to all our families for a blessed and joyful celebration. This holy time invites us to pause, reflect, and be grateful for the many blessings God gives us.

On this Holy Thursday, we are reminded of Jesus' powerful example of humble service as He washed the feet of His disciples. In this simple yet profound act, He showed us that true leadership, unlike that shown by many of our political leaders, is rooted in love, humility, and a willingness to serve others. As educators, and parents are the first educators - we are called to live out this same mission each day—guiding, supporting, and caring for those entrusted to us. It is in loving service where we will discover our deepest joy. The poet Tagore shares this insight:

"I slept and dreamt that life was joy. I awoke and saw that life was service. I acted and behold service was joy"

It was so beautiful to see even our K's learning these important lessons about leadership, service, care and joy! To see them washing each other's feet inspires and gives hope. I'm grateful for all of my staff who day in and day out model servant leadership to our kids.



May this Easter weekend bring peace to your homes, joy to your hearts, and a renewed hope that the God who suffers with us and for us, will complete the New Creation promised to us.

Happy Easter!

In Gratitude,

Glen Palahicky

Principal, St. Joseph's Elementary



Catholic Diocese of Victoria
Office of the Bishop

1-4044 Neltorpe Street, Victoria, BC V8X 2A1 - Tel. 250-479-1331 - Fax. 250-479-5423 - Web: cdvictoria.org

Easter 2026

Dear Sisters and Brothers in Christ,

Easter time comes to us all with the glorious announcement of the women who are first to witness to the empty tomb, early in the morning. Mary Magdalene and the other Mary are the first to be sent by the Risen Jesus: "Do not be afraid; go and tell my brothers to go to Galilee; there they will see me." (Matthew 28:10).

Yes, He is Risen! The Prince of Peace, with the Cross' painful effects still visible on his body, and his last words echoing for all time from the cross: "My God, my God, why have you forsaken me?" (Matthew 27:46). This desperate cry, which is the prayer of millions of people today in the wars and conflicts of our times, is heard by our God.

Pain and death do not have the final word. But rather, the final word is the love and mercy that is alive in the person of Jesus, who greets us at each encounter: "Peace be with you" (John 20:21). This encounter with the Risen Jesus is the inspirational hope of the newly baptized this Easter, and the hope of all the faithful around the world who bear Christ's peace with persevering confidence.

Happy Easter,

Most Reverend Gary Gordon
Bishop of Victoria



EASTER

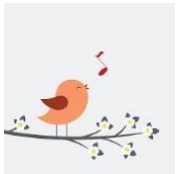
School will be closed
Good Friday, April 3rd
Easter Monday, April 6th



USED UNIFORMS: DONATIONS AND SALE

The next Used Uniform Sale is on Friday, April 10th at 8:30am.

Looking for something specific? Email Teresa at teresasalema@yahoo.com with the item and size, and she'll check availability. We also welcome donations of gently used uniforms your child has outgrown—thank you for helping support our school community!



ISLAND CATHOLIC SCHOOLS - JOY OF MUSIC CONCERT

Tuesday, April 14th 6pm at UVic Farquhar Auditorium

Click here for tickets: <https://purchase.tickets.uvic.ca/EventAvailability?EventId=12601>



FOOD HABITS SURVEY: Supporting Healthy Nutrition for our School Families

The School Nutrition Committee has created a short survey to help us better understand students' eating habits and the challenges families may experience around nutrition. Your feedback will help us support healthy eating both at school and at home.

The information gathered will also guide the committee as they plan an upcoming interactive discussion and parent education evening with a Public Health Dietitian from Victoria for our school families.

Please click the link below to complete this anonymous survey:

<https://forms.gle/xLHwJS1dDFDWYzbD7>



LOST & FOUND

Thank you to a wonderful parent volunteer for creating a beautiful display of the lost and found items. Please stop by during school hours to look for any of your children's missing articles – located on the tables by the front door.



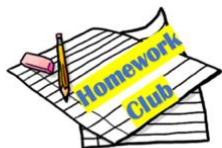
CHRISTIAN MEDITATION/JESUS PRAYER

Are you desiring deeper peace and wanting some inner quiet? Interested in learning more about Christian Meditation and/or the Jesus Prayer? Come out to St. Joseph's School Library for 20 minutes every Wednesday from 5:00 pm - 5:20 pm starting April 1st. All are welcome. Email Glen Palahicky gpalahicky@cisdv.bc.ca for more information or questions.



LOCAL SCHOOL COUNCIL NOMINATIONS OPEN

The Local School Council is looking to fill two open positions. If you are interested, please contact Cristina Campbell at ccris100@yahoo.com for more information, no later than April 22nd.



HOMEWORK CLUB

Grades 4-7

Tuesdays & Thursdays

After school in the primary learning support room 2:40-3:10

NEWS FROM THE PSG

Grade 1 Bake Sale (Friday, Apr 10)

Our monthly Bake Sale is back hosted this month by our Grade 1 families! Bake Sales are held after school on the first Friday of each month, with all treats priced at just \$1 or \$2. A great way to grab a little something sweet while supporting the PSG. Grade 1 families are asked to bring in baked goods to sell, and we would love to have a few volunteers on hand to help run the table after school. If you are able to assist, please email us. sjv-psg@cisdv.bc.ca

Hot Lunch (Friday, Apr 10 & 17)

Hot Lunch Fridays continue throughout April! Orders are placed online at stjosephs.hotlunches.net. The Hot Lunch program runs entirely on the support of parent volunteers, and we are always grateful for extra hands to help distribute lunches on Fridays. If you are available to help out, simply tick the volunteer box when placing your order or visit the Volunteer Registration page to sign up.

Fight Back For Tweens (Monday, Apr 13)

We are pleased to host the "Fight Back For Tweens" session. This empowering safety workshop for **girls ages 9–12** covers boundary setting, assertive communication, situational awareness, and basic personal safety skills — all taught in a fun, interactive way. **This workshop is now full!** If you didn't get a spot this time, it's not too late to join the waitlist. Additional sessions may be organized if there's enough interest. Join the waitlist.

PSG Monthly Meeting (Tuesday, Apr 14)

Please join us for our monthly PSG Meeting. This is a great opportunity to hear updates on upcoming events, fundraisers, and school community news. Every parent is a member of the PSG and is welcome to attend.

Spring Movie Night (Friday, Apr 17)

We're screening the brand new **Zootopia 2!** Doors open at 5:30 PM and the movie begins at 6:00 PM in the School Gym. Admission is free for all St. Joseph's families. Come in your coziest clothes or favourite PJs and bring blankets and pillows to get extra comfortable. We'll have free popcorn and drinks for everyone! **Please note that children must be accompanied by a parent or guardian at all times during the event.** We're looking for a few volunteers to help make the evening run smoothly. If you're able to help out, please email us. We hope to see the whole St. Joseph's community there for a fun night together!
sjv-psg@cisdv.bc.ca

TRACK & FIELD PRACTICES

TRACK PRACTICES BEGIN THURSDAY, APRIL 9TH

Schedule	Mon	Tues	Wed	Thurs
8:00-8:30am		Shot Put	Long Distance	
11:55-12:40pm		Discus 5-7 Long Jump	Triple Jump 6-7 High Jump	4-5 High Jump 3-4 Long Jump Ball Toss
2:45-3:30pm	Sprint Training			Sprint Training

THE WOLF DEN

HOLY THURSDAY

Today is Holy Thursday when the blessed Lord celebrated The Last Supper with his disciples. Today grade 1C experienced what that meal might have looked like. They gathered as friends and shared a meal of flattened bread and wine (fruit juice) as it was the Passover in Jerusalem.





FAMILY PAYMENT SCHEDULE - UPDATE!

Please see this letter from the head office.



CATHOLIC INDEPENDENT SCHOOLS OF THE DIOCESE OF VICTORIA

4044 Nelthorpe Street
Victoria, BC V8X 2A1
Phone: (250) 727-6893
Fax: (250) 479-5423

March 23, 2026

Dear Families,

It will soon be time for you to stop by the St. Joseph's School office to sign your 2026-2027 Family Payment Schedule (FPS) and Pre-Authorized Debit (PAD) form. You will receive an email when the documents are ready for you.

We wanted to let you know of important updates to payment terms, PAD requirements and tax receipt policies. We ask you to please review the information below and come prepared

Key updates:

- All families enrolled in PAD must submit updated banking information each year, including a new void cheque or bank-approved PAD form, **even if there are no changes**.
- The name(s) on the bank account **must** match your school account records.
- Tax receipts will be issued according to the account used: joint accounts will receive receipts in both names; single-name accounts will receive receipts in that individual's name only, in accordance with CRA guidelines.

Please ensure **all** sections of the FPS and PAD forms are completed and returned with the required documentation.

If you have any questions, please contact the school office prior to signing.

Thank you for your attention to these updates.

Sincerely,

Roberta Frank

Accounting Assistant
Island Catholic Schools
rfrank@cisdv.bc.ca

MAY 9 | 10AM - 3PM

\$100

10 MINUTES

10 PHOTOS



RESERVE YOUR SPOT NOW!

SPRING

MINI SESSIONS

FUNDRAISER!



BC FOODS FUNDRAISER!

Order Deadline: May 8th

Pick-Up: Thursday, May 28 after school

Please note: Orders must be picked up that day or arranged to go home with another family, as there is no fridge or freezer available for storage.

All orders should be sent to the PSG email, and payment is requested via e-transfer.

Thank you for your support! sjv-psg@cisdv.bc.ca

B&C Food
SOLUTIONS

PRODUCT INFORMATION

FUNDRAISER

MINI CHEESE PIZZA 6" – 79105

Ooey, Goopy Goodness

A classic favourite made with melty cheese and a deliciously crisp crust. This small frozen pizza is perfect for quick meals, and snacks.

Case Size: 18 pizzas 3.1kg

Ingredients: Pizza shell (wheat flour, water, whole wheat flour, canola oil, salt, yeast, sugar, granulated garlic, seasonings, calcium propionate, spice), Pizza sauce (water, tomatoes, soy oil, salt, herbs, garlic, spice, olive oil), Mozzarella, parmesan cheeses (pasteurized milk, modified milk ingredients, salt, microbial enzymes, bacterial culture, pasteurized partly skimmed milk, calcium chloride, sorbic acid, cellulose, potassium sorbate).

Nutrition Facts Valeur nutritive

Per 1 pizza (165 g) pour 1 pizza (165 g)	
Calories 340	% Daily Value*
Fat / Lipides 19 g	33 %
Saturated / saturés 5 g	26 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 46 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 4 g	4 %
Protein / Protéines 16 g	
Cholesterol / Cholestérol 15 mg	
Sodium 600 mg	36 %
Potassium 300 mg	9 %
Calcium 350 mg	27 %
Iron / Fer 3 mg	57 %

*5% or less is a little, 10% or more is a lot
*5% ou moins c'est peu, 10% ou plus c'est beaucoup

MAPLE PORK SAUSAGE – 56544

Savory & Satisfying

Crafted from 100% Canadian pork and infused with rich maple flavour, these sausages are a delicious twist on a breakfast classic. Perfect for weekend brunches or hearty dinners.

Case Size: 4kg

Ingredients: Pork, B&C Sausage Binder(Rice Flour, Salt, Spices, Sugar, Vegetable Oil (Canola &/or Sunflower, Spice Extractives)), Maple Flavour Rev Natural (Dextrose, Maple Syrup, Flavour, Silicon Dioxide (MFG AID)), Brown Sugar, Water, No Gluten Added.

Nutrition Facts Valeur nutritive

Per 100 g / Per 100 g	
Amount / Montant	% Daily Value
Calories / Calories 300	
Fat / Lipides 28 g	43 %
Saturated / Saturés 13 g	30 %
+ Trans / Trans 0 g	
Cholesterol / Cholestérol 60 mg	
Sodium / Sodium 700 mg	29 %
Carbohydrate / Glucides 0 g	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	
Protein / Protéines 11 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	4 %

BACON WRAPPED SCALLOPS – 73154

Elegant, Easy & Irresistible

Premium sea scallops wrapped in savoury bacon for a perfect bite every time. These 16/20 frozen scallops are ideal for entertaining or treating yourself to something special.

Case Size: 4x1kg

Ingredients: Bacon (Pork, Water, Salt, Sodium Phosphate, Sugar, Sodium Erytorbate, Sodium Nitrite, Spices, Maple Flavour, Smoke), Scallops.

Nutrition per 100g

Calories	270
Fat	22g
Saturated	8g
Trans	0g
Cholesterol	50mg
Sodium	510mg
Carbohydrates	5g
Fibre	0g
Sugar	4g
Protein	13g
Vitamin A	0g
Vitamin C	2g
Calcium	2g
Iron	0g

5oz BEEF BURGER – 53287

Bold, Juicy & Unforgettable

Juicy, succulent, and packed with bold flavour, the Original Wild Dave's Burger is made with premium ingredients that deliver a satisfying bite every time. It's a top pick for backyard BBQs, family dinners, or quick meals.

Case Size: 36 5oz burgers 5.1kg

Ingredients: Beef, Water, Salt, Onion Powder, Mustard, Yeast Extract, Dextrose, Hydrolyzed Corn Protein, Flavour

Nutrition Per 100g

Calories	260
Fat/Lipides (g)	21
Saturated/Saturés (g)	8
Trans/Trans (g)	1
Cholesterol/cholestérol (mg)	65
Sodium/Sodium (mg)	550
Carbohydrate/Glucides (g)	1
Fiber/Fibres (g)	0
Sugar/Sucres (g)	0
Protein/Protéines (g)	14
Vitamin A/Vitamine A (RE)	0
Vitamin C/Vitamine C (mg)	0
Calcium/Calcium (mg)	2
Iron/Fer (mg)	20

STRIPLOIN 170g COVx2 – 14498



Bring the Steakhouse to Your Home

Savour the rich, buttery taste of premium striploin steak. At 170g, it's the ideal size for dinner - whether pan-seared to perfection or grilled for that irresistible char. A true steakhouse experience at home!

Case Size: 24 steaks x170g ea 4.08kg

Ingredients: 2x170g Beef Striploin steak

Nutrition Facts

Serving Size 100 grams	
Amount Per Serving	
Calories 100	Calories from Fat 0
% Daily Value*	
Total Fat 13g	20 %
Saturated Fat 6g	29 %
Cholesterol 40 mg	16 %
Sodium 60mg	2 %
Total Carbohydrate 0 g	0 %
Dietary Fiber 0g	0 %
Sugar 0g	
Protein 20g	40 %
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

*Percent Daily Values are based on a 

CHICKEN BREAST STRIPS BRD – 011013



Golden, Crispy and Always a Hit

These fully cooked breaded chicken breast strips are a family favourite—perfect for wraps, salads, or dipping into your favourite sauce. Just heat and serve for a quick, delicious meal any day of the week.

Case Size: 4kg

Ingredients: Chicken breast, water, wheat flour, toasted wheat crumbs, modified corn starch, salt, egg white powder, spice, sodium phosphate, canola oil, wheat gluten, sodium aluminum phosphate, sodium bicarbonate, onion powder, garlic powder. Browned in canola oil.

Amount/Teneur	
Calories/Calories	190
Fat/Lipides	8g
Saturated/saturés	1 g
+ Trans/trans	0 g
Cholesterol/Cholestérol	35 mg
Sodium/Sodium	450 mg
Carbohydrate/Glucides	16 g
Fibre/Fibres	1 g
Sugar/Sucres	1 g
Protein/Protéines	14 g
Vitamin A/Vitamine A	
Vitamin C/Vitamine C	
Calcium/Calcium	
Iron/Fer	

CHICKEN BREAST B/S IQF – 60409



Lean, Versatile & Ready to Cook

Individually Quick Frozen (IQF) for freshness and convenience, these boneless, skinless chicken breasts are perfect for grilling, baking, or slicing into your favourite recipes. Made from high-quality poultry, they're a freezer essential.

Case Size: 4kg

Ingredients: Raw Boneless Chicken Breast

Nutrition Facts	
Valeur nutritive	
Per 1 breast (100 g)	
per 1 portion (100 g)	
Amount	% Daily Value
Calories / Calories 80	
Fat / Lipides 1 g	2 %
Saturated / saturés 0.4 g	2 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 65 mg	
Sodium / Sodium 400 mg	18 %
Carbohydrate / Glucides 0 g	0 %
Fibre / Fibres 1 g	3 %
Sugar / Sucres 0 g	
Protein / Protéines 10 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	0 %

CHICKEN CORDON BLEU 200g - 011093



Classic Comfort, Gourmet Touch

This breaded chicken breast is stuffed with savoury Swiss cheese and ham, offering a rich, satisfying flavour in every bite. Frozen and easy to prepare, it's perfect for family dinners or special occasions.

Case Size: 12 pieces 2.4kg

Ingredients: Chicken, Ham (Water, Honey, Salt, Sodium Phosphate, Dextrose, Brown Sugar, Sodium Acetate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate, Mustard, Smoke), Swiss Cheese, Panko Breadcrumbs, Flour, Egg, Milk, Garlic, Pepper

Nutritional Facts	
Valeur nutritive	
Per 100 g / Par 100 g	
Amount	% Daily Value
Calories / Calories 180	
Fat / Lipides 11 g	%
Saturated / Saturés 5g	%
+ Trans / Trans 0 g	%
Cholesterol / Cholestérol 50 mg	%
Sodium / Sodium 335 mg	%
Carbohydrate / Glucides 8 g	%
Fibre / Fibres 0 g	%
Sugars / Sucres 1 g	%
Protein / Protéines 20 g	%
Calcium / Calcium 13 g	%
Iron / Fer 0 g	%
Potassium / Potassium 0 g	%

LEAN GROUND BEEF – 51581



Perfect for EVERY meal

Lean and delicious, this ground beef is ideal for burgers, tacos, meatballs, or hearty pasta dishes. Packed with protein and versatility, it's a freezer staple for quick family dinners or weekend favourites.

Case Size: 10x500g 5kg

Ingredients: Ground beef 85/15 ratio of meat to fat

Nutritional Facts

Valeur nutritive	
Per 100g / Par 100	
Amount	% Daily Value
Calories / Calories 212	
Fat / Lipides 14 g	%
Saturated / Saturés 9g	%
+ Trans / Trans 1 g	%
Cholesterol / Cholestérol 92 mg	%
Sodium / Sodium 81 mg	%
Carbohydrate / Glucides 0 g	%
Fibre / Fibres 0 g	%
Sugars / Sucres 0 g	%
Protein / Protéines 17 g	%
Calcium / Calcium 11 g	%
Iron / Fer 3 g	%
Potassium / Potassium 0 g	%

TURKEY FARMER SAUSAGE 6CT – 013184



Savour the Flavour

Lean, flavourful and perfectly seasoned. Made from premium turkey, this is a lighter option without sacrificing taste. Great for grilling, a meal, or adding to any recipe!

Case Size: 52/cs 4kg

Ingredients: Turkey, Water, Salt, Potassium chloride, Spices, Sodium phosphate, Sodium acetate & Diacetate, Dehydrated garlic, Ascorbic acid, Sodium nitrite, Natural pork casing. Naturally smoked.

Nutritional Facts

Valeur nutritive	
Per 100 g / Par 100 g	
Amount	% Daily Value
Calories / Calories 198	
Fat / Lipides 10 g	%
Saturated / Saturés 3 g	%
+ Trans / Trans 0 g	%
Cholesterol / Cholestérol 75 mg	%
Sodium / Sodium 566 mg	%
Carbohydrate / Glucides 3 g	%
Fibre / Fibres 0 g	%
Sugars / Sucres 1 g	%
Protein / Protéines 23 g	%
Calcium / Calcium 0 g	%
Iron / Fer 0 g	%
Potassium / Potassium 248 g	%

5oz BONELESS PORK CHOP - 49851



Classic Comfort Food, Cooked Your Way

Lean, tender, and full of flavour, these 5oz boneless pork chops are a mealtime classic. Easy to cook and endlessly versatile—try them baked, grilled, or pan-fried for a delicious dish everyone will love.

Case Size: 4kg

Ingredients: 5oz Boneless Pork Chop

Nutrition Facts	
Serving Size 60 grams (200g)	
Calories 179	
% Daily Value *	
Total Fat 11g	20 %
Saturated Fat 6g	12 %
Trans Fat 0g	0 %
Cholesterol 65mg	13 %
Sodium 400mg	8 %
Total Carbohydrate 0g	0 %
Dietary Fibre 0g	0 %
Total Sugars 0g	0 %
Protein 10g	20 %
Vitamin A 0%	0 %
Vitamin C 0%	0 %
Calcium 0%	0 %
Potassium 0%	0 %

26/30 RAW BLK TIGER SHRIMP – 74168



Superior Quality - From Ocean to Plate

These individually quick frozen (IQF) raw black tiger shrimp from Vietnam are perfect for grilling, sautéing, or adding to your favourite recipes. Known for their firm texture and rich flavour, they're a versatile seafood option.

Case Size: 5x2lb 4.54kg

Ingredients: Shrimp (Penaeus monodon, Aquaculture, VN), water, salt, stabilizers (triphosphates [E451(i)], polyphosphates [E452(i)])

Amount per 100 g	
Calories	60 kcal
Energy	251 kJ
Total Fat	0.3 g
Saturated Fat	0.1 g
Trans Fat	0 g
Total Carbohydrate	0 g
Dietary Fibre	0 g
Total Sugars	0 g
Includes 0 g Added Sugars	
Protein	14.3 g
Cholesterol	182 mg
Sodium	920 mg
Potassium	113 mg
Calcium	26 mg

FUNDRAISER ORDER FORM

Proudly supported by



PURCHASER NAME: _____

FUNDRAISER DATE:

PICK-UP: DATE FEB 28TH

EMAIL ORDER FORMS TO SJV-PSG@CISDV.BC.CA

PAYMENT BY E-TRANSFER TO SJV-PSG@CISDV.BC.CA

ITEM DESCRIPTION	COST	QTY	TOTAL
6OZ SIRLOIN STEAKS 24PC/CS	\$ 170.00		\$
5oz LIL CHEF BEEF BURGERS 36/CS	\$ 75.00		\$
BEEF MEATBALLS 1OZ -10LB	\$ 85.00		\$
MAPLE BREAKFAST SAUSAGE 4KG	\$ 65.00		\$
BREADED PORK CUTLETS 40/CS	\$ 90.00		\$
CHICKEN CORDON BLUE 12PC/CS	\$ 80.00		\$
TURKEY SAUSAGE 4KG	\$ 75.00		\$
BACON WRAPPED SCALLOPS 1KG	\$ 40.00		\$
21/25 WHITE PRAWNS P&D 2LB	\$ 25.00		\$
CHICKEN BREAST B/S 4KG	\$ 65.00		\$
GROUND BEEF 10X500G	\$ 65.00		\$
CHICKEN SOUVLAKI SKEWERS 60X75G	\$ 110.00		\$
TOTALS			





ISLAND
CATHOLIC SCHOOLS

Joy of
MUSIC
CONCERT 2026



April 14 | UVIC Farquhar Auditorium | 6pm

\$12 at the box office or
<https://purchase.tickets.uvic.ca/>

ST. ANDREW'S REGIONAL
HIGHSCHOOL
PRESENTS



Annie JR.

ANNIE JR. IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH MGMT Agency, LLC
AND ALL AUTHORIZED MATERIALS ARE SUPPLIED BY
MUSIC THEATRE INTERNATIONAL, NEW YORK, NY
(212) 341-4164 MTISHOWS.COM

DIRECTORS
KATE GAUTHIER - RIGGS
MARISA TINSAY

CHOREOGRAPHER
CLAIRE DEVENPORT
SARAH KATZ

MUSIC DIRECTOR
PHILIP O'REILLY

THURSDAY, MAY 7: 7:00PM

FRIDAY, MAY 8: 7:00PM

SATURDAY, MAY 9: 2:00PM AND 7:00PM

"ALL SHOWS AT SPECTRUM SCHOOL THEATER"

GO TO [HTTPS://CISDV.SCHOOLCASHONLINE.COM](https://cisdv.schoolcashonline.com) FOR TICKETS

EARLY BIRD TICKETS
\$15
REGULAR \$20



BOOK BY

MUSIC BY

LYRICS BY

St Joseph's Early Learning Centre
Pro D Day Care
Registration for **Friday, May 8th, 2026**
Deadline to register is Thursday May 7th, 2026

During Pro D Days, St. Joseph's Child care offers a supervised program of activities operating from 7:30am – 5:00pm. Please pack two snacks, a full lunch and a refillable water bottle. Super Days are civies days and we will all meet in the multi-purpose room above the gym to start the day.

Program Details:

- We will spend lots of time outside, playing organized games, doing art activities and crafts, and watching a movie.

All students attending Pro- D Day care must be registered with St. Joseph's Before and/or After School Care programs

Cost: \$55 per child- **to be paid through School Cash Online.**

Pro D Day on Friday, May 8th, 2026.

Registration Date: _____

Name(s): and Grades _____

WAIVER: "Accidents can be result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described above, is suitable for your child."

Parent Signature: _____

Thank You Thank You Thank You

Thanks to you, 1000X5 has been sending books to families with babies and preschoolers for 15 years reaching a total of 390,000!!!!



St. Joseph's School has donated 2437 books (and counting).

Take your extra baby and preschooler books to the pink bin in front of the library.

Help change a child's future.

NEWS FROM THE CHANCERY

Times and locations of Holy Week and Easter services across our Diocese are available on our website at: <https://www.rcdvictoria.org/events/2026-holy-week-mass-times>

Bishop Gary Gordon has written a message to the people of the Diocese of Victoria for the occasion of Easter 2026. The message may be read online at: <https://www.rcdvictoria.org/news/bishop-gary-gordons-message-for-easter-2026>

You're invited to support Help Not Harm, a campaign organized by the Archdiocese of Toronto to push back against plans currently in place to expand euthanasia (Medical Assistance in Dying – MAiD) for those suffering from mental illness. Visit [HelpNotHarmCanada.ca](https://www.helpnotharmcanada.ca) where you can e-mail your Member of Parliament, asking for their support of Bill C-218: The Right to Recover Act before the anticipated vote in the House of Commons in mid-April 2026.

Would you like to help restore an important Garry Oak ecosystem? On April 12 and running every 2nd and 4th Sunday from 1–4 pm, all are invited to come rain or shine to build community and help remove invasive species from our property on the slopes of Christmas Hill. Please meet in the Sacred Heart parking lot (4044 Nelthorpe Street, Victoria). For more information and to sign up, email jseale1234@gmail.com or visit: <https://garry-oak-ecosystem-restoration-2026.eventbrite.ca>

St. Andrew's Cathedral is seeking a full-time Office Assistant to provide comprehensive administrative and clerical support to the parish. They are looking for someone with a welcoming attitude and eye for detail, who can comfortably prioritize duties and work diligently under pressure. A detailed position description is available on the St. Andrews website at: <https://www.standrewscathedral.com/post/office-assistant-position>

The final video from the video series *Journey through Lent* is now available. This series was designed by the Canadian Conference of Catholic Bishops to help the faithful prepare for the Church's celebration of the Resurrection of the Lord on Easter Sunday. To view the videos, please visit: <https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-lent/>



ST. JOSEPH'S PARISH

WEEKDAY MASS SCHEDULE:

Monday: 6:30am

Tuesday: 6:30am and 6:00pm

Wednesday: 6:30am and 6:00pm

Thursday: 6:30am and 9:00am

Friday: 6:30am and 9:00am

WEEKEND MASS SCHEDULE:

Saturday: 6:30am

Saturday: 5:00pm (Livestream)

Sunday: 10:00am

Sunday: 6:00pm

ST. JOSEPH'S PARISH YOUTH GROUP

Youth Group All Youth Grades 6 - 12 are invited to join us on Saturday evenings following! For more information, please contact:

SJTWYouthGroup@gmail.com



SAVE THE GARRY OAKS

Join us in revitalizing an important Garry Oak ecosystem on Christmas Hill by removing invasive species like English ivy, Scotch broom, and Himalayan blackberry!

Our efforts will help prepare the land for a native flower meadow.

-  Every 2nd & 4th Sunday from 1-4 pm
-  Pruners and shovels will be provided
-  Please bring gloves, safety glasses, and water



Learn more here

1-4 pm | Every 2nd & 4th Sunday

Sacred Heart Parking Lot | 4040 Nelthorpe Street

<https://garry-oak-ecosystem-restoration-2026.eventbrite.ca>



ROMAN CATHOLIC
DIOCESE OF VICTORIA





1000X5

1000 Books by Age Five

Children's Book Recycling Project Greater Victoria

1000X5 would love books from your spring cleaning

15years: 380,000 books

1000 babies and preschoolers/month receive a gift bag of 3 books. Currently we are running a bit short of the demand for books.

Please check the corners of your house and continue to donate books into the pink bin at the front door of the library.

Find hope and healing at **Rachel's Vineyard:**

A safe, confidential retreat for women & men seeking peace after abortion.



Find out more:

www.rachelsvineyardvanisland.org

rachelsvineyardvancouverisland@gmail.com

PARENT COMMUNITY BUSINESS DIRECTORY



*Please note that any manner of association, inclusion, and participation of any Businesses within this Directory, is not an indication of endorsement by St. Joseph's Elementary School or Church Parish or any of its affiliates.



Support Local Parent Owned Businesses!

Our Business Directory is a service provided by the Parents Support Group to help fundraise for our school children and also support our local parent businesses!



DIRECTORY:

Financial & Legal Services

- Homeroom Bookkeeping & Income Tax

Food & Beverage

- Kung Pao Wok

Health & Wellness

- Age Freely Fitness and Wellness
- Chatterton Way Dental
- Dr. Kirk Bartlett Orthodontist
- Dr. Maico D. Melo, Inc
- Eye Etiquette Optical Boutique

Photography Services

- Andrea Collins Photography

Real Estate Services

- Bespoke Homes Team
- Kamaretsos Real Estate Team

Technology Services

- Monk Office Supply

Trades & Construction

- End of the Roll
- Lisnabreeny Plumbing Ltd.
- Relm Projects Ltd.
- SSD Sawmill Sales Direct Ltd.

CONTACT SJV-PSG@CISDV.BC.CA
WITH QUESTIONS ABOUT SUBSCRIPTIONS

PARENT COMMUNITY BUSINESS DIRECTORY



Financial & Legal Services

Homeroom Bookkeeping & Income Tax

Teya Jensen

info@homeroombookkeeping.com

Ph: 604-739-9536

www.hrsbs.ca

We provide bookkeeping for all types of small businesses, payroll, GST/PST filings and Personal income tax returns.



Food & Beverage

Kung Pao Wok

Ankie Leung

kungpaowok_victoria@yahoo.ca

Ph: 778-433-8806

Chinese Food (Hillside Shopping Center).



Health & Wellness

Age Freely Fitness and Wellness

Nancy Falconer

nmfalconer11@gmail.com

Ph: 778-679-6288

Agefreelyfitness.com

At Age Freely Fitness and Wellness, I provide the expert guidance and compassionate support you need to lose weight, build a lean body composition, and feel strong, healthy, and empowered through perimenopause, postmenopause and beyond.



Chatterton Way Dental

Dr. Matthew Foulkes

info@chattertonwaydental.ca

Ph: 250-598-5441

chattertonwaydental.ca

At Chatterton Way Dental, your oral health is our priority. Our dedicated team makes every visit comfortable and stress-free. Experience dental care that keeps you smiling with confidence.



PARENT COMMUNITY BUSINESS DIRECTORY



Health & Wellness Continued

Dr. Kirk Bartlett Orthodontist

Dr. Kirk Bartlett

bracesdoctor@gmail.com

Ph: 250-479-4645

www.bartlettortho.com

Orthodontics for children and adults. Braces, lingual(invisible) braces and Invisalign.



**DR. KIRK
BARTLETT**

ORTHODONTIST

Dr. Maico D. Melo, Inc

Maico (Mike) Melo

drmelo2023@outlook.com

Ph: 250-727-3390

www.victoriaoralsurgery.com

Oral and Maxillofacial Surgeon specializing in dental extractions including wisdom teeth with sedation dental implants.



Dr. Maico D. Melo, Inc.

3939 Quadra St, Suite 302

Victoria, BC V8X 1J5

www.victoriaoralsurgery.com

Eye Etiquette Optical Boutique

Carolin Roussel

carolin.etiquette@shaw.ca

Ph: 250-474-1941 and 778-432-3344

www.eyeetiquetteoptical.ca

Eye Etiquette offers a range of glasses that are sophisticated, fun, minimal to eye-catching. Our customer service award-winning optical team of licensed opticians, optometrists, and optical assistants are here to help. Providing eyewear, contact lenses, safety glasses and full eye health examinations for all ages.



eye etiquette
OPTICAL BOUTIQUE

Photography Services

Andrea Collins Photography

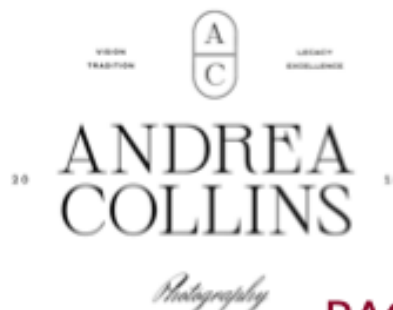
Andrea Walker Collins

info@andreacollinsphotography.com

Ph: 778-966-4623

www.andreacollinsphotography.com

Family, Wedding, Event and professional portrait photography services.



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PARENT COMMUNITY BUSINESS DIRECTORY



Real Estate Services

Bespoke Homes Team | Engel & Völkers Vancouver Island

Marlon Murr

marlon.murr@evrealestate.com

Ph: 778-679-7755

www.BespokeHomesTeam.ca

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Kamaretsos Real Estate Team | Pemberton Holmes

Michelle & Lee Kamaretsos

michelle@myvictoriarealty.com

Ph: 250-686-7590

www.myvictoriarealty.com/st-joes-parents.html

Supporting families with expert guidance in residential, investment, and commercial properties. Explore our exclusive link just for St. Joe's parents!



Technology Services

Monk Office Supply

Adam Taft

adam.taft@monk.ca

Ph: 250-384-0565

monk.ca

Office Products, Furniture, Technology and Copiers/Printers.

Monk Office

Trades & Construction

End of the Roll

Dan Facey

dan.facey@endoftheroll.com

Ph: 250-386-8883

endoftheroll.com/victoria

We supply and install all types of floor coverings including Hardwood, Laminated, Vinyl plank, Sheet Vinyl, Carpet, and Ceramic Tile.



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PARENT COMMUNITY BUSINESS DIRECTORY



Trades & Construction Continued

Lisnabreeny Plumbing Ltd.

Sam Payne

lisnabreenyplumbing@gmail.com

Ph: 250-889-3508

www.Lisnabreenyplumbing.ca

Plumbing repair/service, renovations, gas and cross connection device install/testing.



Relm Projects Ltd.

Gabe Forrester, PMP GSC

gforrester@oppel.ca

Ph: 778-679-6288

Relmprojects.ca

Specializing in Construction and Project Management services for Owners, Developers, and Stakeholders. They manage industrial, municipal, commercial, and multi-family projects across Vancouver Island, focusing on quality, collaboration, and results.



SSD Sawmill Sales Direct Ltd.

Rick St.Denis

sales@sawmillsales.ca

Ph: 250-245-2499

www.sawmillsales.ca

We mill Western Red Cedar, Yellow Cedar and Douglas Fir.
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